

## Strong Bonds Fact Sheet: Working with Young People : Resources

Below is a list of resources that have been used throughout the production of the worker help sheets on this site. These resources are recommended for further reading and viewing for workers who wish to gain more information about youth and family work.

Bloom, S. (1999)

### **Trauma Theory Abbreviated.**

Internet: <http://www.sanctuaryweb.com/Documents/Downloads/Trauma%20theory%20abbreviated.pdf>.

Retrieval date: 29/6/06

Blum, R. & Rinehart, P. (1997)

### **Reducing the Risk: Connections that Make a Difference in the Lives of Youth.**

Minneapolis: University of Minnesota, Department of General Pediatrics, Adolescent Health.

Brendtro, L., Brokenleg, M., Van Bockern, S., (2002)

### **Reclaiming Youth At Risk: Our Hope for the Future.**

National Educational Service. USA.

Brendtro, L. & Shahbazian, M. (2004)

### **Troubled Children and Youth: Turning Problems into Opportunities.**

US: Research Press.

Chapter 6 looks at cultivating strengths of at-risk young people in the classroom.

Brofenbrenner, U., (1986)

### **Alienation and the four worlds of childhood.**

Phi Delta Kappan, 67, 430-436.

Communities that Care (1997)

### **Risk and Protective Factor-Focused Prevention using the Social Development Strategy.**

Developmental Research and Programs, Inc, Seattle, USA

Daniel, B., Wassell, S. & Gilligan, R. (1999)

### **Child Development for Child Care and Protection Workers.**

Jessica Kingsley Publishers, London.

Fuller, A. Goodyear, K. & McGraw, K. (1999)

### **Bungy jumping through life: what young people say promotes well-being and resilience.**

Australian Journal of Guidance & Counselling. Vol. 9, No. 1:159-168

Fuller, A. (1998)

### **From Surviving to Thriving: Promoting Mental Health in Young People**

ACER, Melbourne: National Mental Health Strategy (2000) Promotion, Prevention and Early Intervention for Mental Health, Commonwealth Dept of Health and Aged Care, Canberra.

Fuller, A. (2000)

### **Raising Real People: A Guide for Parents of Teenagers.**

(revised edition first published 2002 by Australian Council for Educational Research Ltd, Melbourne, Victoria

Garfat, T. (Ed.) (2003)

### **A Child and Youth Care Approach to Working with Families.**

New York: Haworth Press.

Also see: [www.cyc-net.org](http://www.cyc-net.org)

Geldard, K., & Geldard, D. (2005)

### **Basic Personal Counselling (a training manual for counsellors.)**

Pearson /Prentice Hall, Australia.

Geldard, K., & Geldard, D., (2004)

### **Counselling Adolescents (2nd Edition)**

Sage Publications, London.

Golding, G. (1992)

### **The History and Principles of Family Therapy.**

A Victorian Association of Family Therapists (VAFT) Publication.

Howe, D., Brandon, M., Hinings, D., and Schofield, G. (1999)

### **Attachment Theory, Child Maltreatment and Family Support: A Practice and Assessment Model**

New York: Palrave Publishers.

Larson, S. & Brendtro, L. (2000)

### **Reclaiming Our Prodigal Sons and Daughters: A Practical Approach for Connecting With Youth in Conflict.**

Indiana, US: National Educational Service.

Maunder, D., Liddell, M., Liddell, M., and Green, G. (1999)  
**Young People Leaving Care and Protection: A Report to the National Youth Affairs Research Scheme.**  
Hobart: ACYS.

Nichols, M., P., Schwartz R., C. (2001)  
**The Essentials of Family Therapy**  
Allyn and Bacon, Boston.

Rayner, M., & Montague, M. (2000)  
**Resilient Children and Young People.**  
Children's Welfare Association of Victoria, Melbourne.

Seita, J. & Brendtro, L. (2003)  
**Adversarial contests or respectful alliances, Reclaiming Children and Youth, 12 (1), 58-60.**

Selekman, M. D. (2005)  
**Pathways to Change: Brief Therapy with Difficult Adolescents**  
Guilford Press, New York

Selekman, M. D. (1997)  
**Solution-Focused Therapy with children: Harnessing Family Strengths for Systemic Change.**  
Guilford Press, New York

Sells, S. (1998)  
**Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide.**  
Guilford Press, New York.

Trippany, R., White Kress, V. & Wilcoxon, S. (2004)  
**Preventing vicarious trauma: What counselors should know when working with trauma survivors.**  
Journal of Counselling and Development, 82, 31-37.  
(Good article if you have an interest in working with trauma.)

Unger, M. (2006)  
**Strengths-Based Counselling (with at-risk youth).**  
Corwin Press – A Sage Publications Company, California, UK.

Wolin, S. & Wolin, S. (2000)  
**The Struggle to be Strong: True stories by Teens about Overcoming tough Times and A Leader's Guide to The Struggle to be Strong: How to Foster Resilience in Teens.**  
Free Spirit, USA.  
(Strengths Based Approach).



**Strong Bonds**  
Jesuit Social Services  
PO Box 1141  
Collingwood Victoria 3066

Tel (03) 9415 8700  
Email [info@strongbonds.jss.org.au](mailto:info@strongbonds.jss.org.au)  
Web [www.strongbonds.jss.org.au](http://www.strongbonds.jss.org.au)